

2004 UCLA Men's Track & Field Results (Updated- June 15, 2004)

(Duals – 1-0)

Indoor

Feb. 27-28 - MPSF Indoor Championships (Seattle, WA) - 1st, 127 points

March 12-13 - NCAA Indoor Championships (Fayetteville, AR) - 12th, 17 points

Outdoor

March 6 - at UCLA, Cal Poly-SLO, CS Fullerton, Cal State L.A. at Drake Stadium - (UCLA, 1st - 240.50, Cal Poly-SLO, 2nd - 189.50, CS Fullerton, 3rd - 101, Cal State L.A., 4th - 74)

April 1-3 - at Texas Relays

May 1 - vs. USC - (UCLA 111, USC 52)

May 15-16 - at Pac-10 Championships (Arizona) - 1st, 143 points

May 28-29 - at NCAA West Regional (Northridge) - 1st, 141 points

June 9-12 - at NCAA Championships (Texas) - 17th (T), 17 points

2004 UCLA Men's Track & Field Best Marks

-Event(Indoor-NCAA Automatic/Provisional; Outdoor-NCAA Regional/Pac-10 Qualifying Marks)

-Ath. (Lifetime Best) Season Best[®]NCAA Qualifier/*NCAA Out. Reg. Qualifier/**NCAA Ind. Auto./***NCAA Ind. Prov.

-NS-No Standard/SR-School Record

60m (Indoor-6.62/6.72)

Matt Bruno (6.82) 6.87i (2/28)

100m (10.50/10.74)

Matt Bruno (10.45) 10.48 (0.0) (5/14)*\$
10.43w (2.4)(4/24)*

Juaune Armon 10.80 (nwi)(4/9)
Chris Dunbar 12.40 (1.8)(3/6)

200m (Indoor-20.85/21.25;Outdoor-21.19/21.45)

Craig Everhart 20.76 (0.9)(4/10)*
Denye' Versher 21.40 (3/6)
21.82i (2/14)

Matt Bruno (20.82) 21.41 (0.0)(5/1)
22.11i (2/14)

Mario Bassani 21.51 (0.6)(3/6)
21.90i (2/14)

Anthony Golston 22.10i (2/14)
Jonathan Williams (21.87) 22.17i (2/14)

Jeff Jacobs 22.22 (0.0)(5/8)
23.23w (+2.4)(4/9)

Chris Dunbar 23.07 (0.0)(5/8)
Mike Elbogen 23.11 (1.5)(4/17)

Chris Staton 22.91w (+3.6)(4/9)
23.24i (2/7)

Robbie Hambleton (21.84)

400m (Indoor-46.15/47.25/Outdoor-47.26(47.0)/47.84)

Craig Everhart 44.89 (5/29)\$
46.85i (2/28)\$

Denye Versher 46.26 (5/29)
47.60i (2/14)

Brandon Johnson (46.83) 46.99 (5/8)*
47.78i (1/31)

Mario Bassani (47.01) 47.29 (5/14)
48.42i (2/14)

Jeff Jacobs 48.56 (4/24)
Mike Elbogen 48.74 (4/17)

Matt Willis 48.91 (5/8)
49.61i (1/31)

Chris Staton 51.45(4/24)/52.74i (1/31)
Chris Dunbar 52.05 (4/24)

Rodney Diggs (47.37)

Robert Hambleton (48.02)

800m (Indoor-1:48.30/1:50.20/Outdoor-1:50.62(1:50.3)/1:51.44)

Nick Thornton 1:48.01 (3/27)*\$
1:49.56i (1/31)***

Ben Aragon 1:48.45 (5/15)*

Jon Rankin 1:48.77 (5/15)*

Martell Mungia (1:49.73) 1:50.81i (2/28)

Erik Emilsson (1:51.31) 1:52.13 (3/6)

Micky Cobrin 1:55.94 (3/6)

Chad Galbreath (2:01.84)

1500m (3:48.21(3:47.9)/3:50.14)

Jon Rankin 3:43.10 (5/1)*\$

Ben Aragon 3:43.45 (5/1)*\$

Erik Emilsson (3:28.63) 3:52.80 (3/6)

Micky Cobrin 3:53.48 (3/6)

Reggie Oronoz 3:53.72 (4/10)

Mohammed Qazi 4:01.59 (4/17)

Nick De Felice 4:01.90 (4/24)

Craig Hall 4:21.81 (4/9)

Chad Galbreath (3:59.22)

Mile (Indoor-3:59.30/4:04.90)

Ben Aragon (4:00.38iSR) 4:00.56i (2/28)

Jon Rankin 4:03.70 (4/10)

4:09.16i (1/31)

Chad Galbreath 4:21.01 (4/3)

Reggie Oronoz 4:26.35 (4/10)

Erik Emilsson

Martell Mungia

3000m (Indoor-7:56.00/8:08.00)

Ben Aragon (8:30.29i) 8:35.12 (4/9)

Chad Galbreath 8:47.12 (4/9)

8:13.61i (2/28)

8:41.67i (2/28)

Jon Rankin (8:12.06i)

Erik Emilsson (8:12.63i)

3000m SC (9:08.15(9:07.9)/9:09.14)

Chad Galbreath 9:39.48 (4/23)

Micky Cobrin 9:46.18(4/23)

Reggie Oronoz 9:55.77 (4/23)

Craig Hall 9:57.43 (3/26)

Erik Emilsson (8:47)

Two-Mile

5000m (Indoor-13:53.10/14:15.00;Outdoor-14:18.58(14:18.3)/14:35.14)

Chad Galbreath 14:32.92 (3/26)

Nick DeFelice 15:05.81 (4/9)

Mohammed Qazi 15:14.33 (4/9)

Ben Aragon (14:34.16)

Erik Emilsson (14:48.98)

Jon Rankin (14:56.07)

10,000m (29:00.00(28:59.7);29:45.00 (29:44.7)

60m Hurdles (Indoor 7.70/7.95)

Anthony Golston 7.86i (2/28)***

Jonathan Williams 7.99i (2/7)

Chris Staton 8.56i (1/31)

110m High Hurdles (14.33/14.74)

Anthony Golston 13.69 (1.6)(3/6)*\$

Jonathan Williams (13.93) 13.93 (0.3)(5/1, 5/14)*

Chris Staton (15.27)

400m Hurdles (52.51(52.2)/53.64)

Brandon Johnson 48.85 (5/15)*\$

Jonathan Williams 50.14 (5/29)\$

Matt Willis (51.89) 52.29 (4/10)*

Anthony Golston (52.25) 53.57 (3/26)

4 X 100m Relay (Indoor-46.15; Outdoor-40.66(40.4)/NS)

Bruno, Bassani, Williams, Everhart	39.69 (5/29)
Bruno, Golston, Williams, Everhart	39.72 (5/1)*
Bruno, Golston, Williams, Everhart	40.22 (4/10)*

4 X 400m Relay (Indoor-3:06.90/3:10.40; Outdoor-3:10.84(3:10.6)/NS)

Everhart, Johnson, Bassani, Versher	3:03.79 (5/15)*\$
Johnson, Bassani, Versher, Everhart	3:04.09 (6/10)\$
Everhart, Thornton, Williams, Versher	3:04.25 (4/3)*
Everhart, Thornton, Bassani, Versher	3:09.07i (2/28)***

4x800m Relay

Thornton, Rankin, Cobrin, Aragon	7:37.54 (4/1)
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Sprint Medley Relay

Golston, Versher, Everhart, Rankin	3:18.26 (4/2)
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Distance Medley Relay (Indoor-9:35.00/9:45.75)

Rankin, Everhart, Thornton, Aragon	9:34.21i (2/14)**
Aragon, Willis, Thornton, Rankin	9:39.94 (4/3)
Aragon, Versher, Thornton, Rankin	9:41.43i (1/31)***
Rankin, Everhart, Thornton, Aragon	9:49.53i (3/12)

Men-Field**High Jump (Indoor-7-3.75(2.23)/7-1.50 (2.17);Outdoor-6-10.75(2.10)/6-8.75(2.05)**

David Murphy	6-8 (2.03)(5/1)
Chris Staton (6-10)	6-4.75 (1.95)(3/6)
	6-8.75i (2.05)(2/14)

Pole Vault (Indoor-18-0.50(5.50)/17-4.50(5.30);Outdoor-16-4.75(5.00)/16-4.75(5.00)

Yoo Kim	18-4.50 (5.60)(6/12)*\$
	17-5.75i (5.33)(2/28)***
Pat Luke	17-5 (5.31)(4/24)*\$
	17-7i (5.36)(2/14)***
Michael Landers	17-0.75 (5.20)(4/10)*
	16-10.75i (5.15)(1/31, 2/14)
Dave Murphy	17-0.75 (5.20)(4/17)*
	16-6i (5.03)(2/28)
Shane Hackett	16-7.25 (5.06)(5/1)*
	16-8.75i (5.10)(1/9-10)
Zack Miller	16-0 (4.88)(3/6)

Long Jump (Indoor-25-9.25(7.85)/24-9.25(7.55);Outdoor-24-1(7.34)/23-8.75 (7.23)

Juaune Armon (26-3)	25-10 (7.87)(-0.5)(5/14)*\$
	26-0w (7.92)(2.6)(6/10)\$
	26-1.75i (7.97)(3/12)
Chris Staton (22-1.25)	22-6.50 (6.87)(2.0)(3/6)
	23-2.50i (7.07)(2/7)
Chris Merriweather (22-6)	22-5 (6.83)(0.8)(5/1)
	21-10.25i (6.66)(1/31)
Demetre Howard (22-1.75/6.75)	22-3 (6.78)(0.4)(3/6)

Triple Jump (Indoor-53-5.75(16.30)/51-2.25(15.60);Outdoor-49-5.75(15.08)/47-7(14.50)

Demetre Howard	49-0.25 (14.94)(0.7)(3/6)
	46-7.50i (14.21)(1/31)
Juaune Armon (49-8.25)	47-8 (14.53)(0.0)(5/15)
Chris Merriweather (48-11)	47-7.75 (14.52)(0.0)(5/15)
	48-2i (14.68)(2/28)
Javier Aguiniga	44-1.50 (13.45)(0.7)(3/6)

Shot Put (Indoor-63-11.75(19.50)/58-3(17.75);Outdoor-54-0.50(16.47)/55-7 (16.94)

Dan Ames	66-1 (20.14)(4/10)*\$
	65-6.75i (19.98)(3/12)
Jeremy Silverman	64-0.50 (19.52)(5/28)\$
	60-7.75i (18.48)(2/28)***
Jake Knight	61-9.75 (18.84)(5/14)*
	60-0.25i (18.29)(2/28)***
Brian Ruziecki (60-3.25)	58-6.75 (17.85)(5/14)*
	58-11.25i (17.96)(2/7)***
Chris Staton	42-4.25(12.91)(4/24)
	42-9i (13.03)(1/31)
Josh Rider	41-7.25 (12.68)(3/6)

Discus (168-6(51.37)/168-11(51.50)

Dan Ames (200-9)	190-5(58.05)(4/24)*\$
Jeremy Silverman (180-2)	171-9 (52.35)(4/9)*
Brian Ruziecki (171-6)	170-6(51.97)(4/24)*
Josh Rider	162-5 (49.51)(5/1)
Chris Staton	135-9(41.39)(4/24)
David Shortenhaus (170-6)	

Javelin (202-2(61.62)/196-10(60.00)

Ely Dial	201-11 (61.54)(5/14)
Chris Staton	183-8 (55.98)(5/1)
David Shortenhaus (195-02)	

Hammer (182-6(55.63)/188-4 (57.40)

Dan Ames	212-2 (64.68)(4/30)*\$
Jake Knight	191-8 (58.42)(5/15)*
Brian Ruziecki	186-6 (56.84)(5/8)*
Jeremy Silverman (184-0)	

35lb. Weight Throw (Indoor-70-0.50 (21.35)/63-11.75 (19.50)

Dan Ames	71-2.50i (21.70)(3/13)SR
Brian Ruziecki	57-0i (17.37)(2/14)
Jeremy Silverman	57-0i (17.37)(2/28)
Jake Knight	51-8.50i (15.76)(1/31)

Heptathlon (5500/5100)

Chris Staton	5362 (2/27)***
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Decathlon (7500 (7000)/5892)

Chris Staton (7,313, 5/14-15/04)*

Day 1(3,783, 5/14/04) - 100m - 11.15 (2.4, 5/14/04); LJ – 22-11.25 (6.99, 5/7/04); SP – 40-1 1/2(12.23, 3/31/04, 3/14/02); HJ –6-8.25 (2.04, 5/14/04); 400m – 51.49 (5/7/04).

Day 2 (3,530, 5/15/04) - 110mHH - 14.80 (0.8, 4/1/04); DT – 143-6 (43.74, 5/8/04); PV – 14-9 (4.50, 4/15/04); JT – 184-6 (56.23, 5/15/04); 1500m - 4:54.17 (4/15/04).